

## 2019 Southeast District Mini Combined Sections Meeting

The Southeast District (SED) Combined Sections Meeting (CSM) is modeled after the APTA CSM and is designed to be an affordable and valuable learning opportunity where you can see old friends, make new ones, learn, get inspired, earn CEUs, network, and visit our exhibit hall.

We have been able to keep our registration fees low as the discounted CEUs are a member benefit provided by the Southeast District! Proceeds from the event will be donated to the Pennsylvania Physical Therapy Association (PPTA) to help in their mission for serving the physical therapy profession. Non-members are welcome and encouraged to attend. Attendees will be able to sign-up on site for APTA/PPTA membership and immediately receive the discounted registration rate.

This event is open to physical therapists, physical therapist assistants and students studying to become physical therapists and physical therapist assistants. CEUs are approved for PA and will be applied for approval for Delaware.

**Location:** Thomas Jefferson University - Dorrance H. Hamilton Building | 1001 Locust Street Philadelphia, PA 19107

**Parking Information:** There will be several parking lots in the area (mostly down 10th and 12th St.). Or, you can park under the Hamilton Building – the parking entrance can be found on 11<sup>th</sup> St. (just past Locust St.).

### **Pricing:**

APTA Member	\$60
APTA Non-Member	\$125
PT/PTA Student Member	\$20
PT/PTA Student Non-Member	\$50

### **Schedule of Day:**

7:00 a.m.-7:45 a.m. - Registration

7:45 a.m.-8:15 a.m. - Opening Remarks by Robert Wellmon/Scott Voshell

8:15 a.m.-8:45 a.m. - Keynote Address by Kristin Von Nieda, PT

9:00 a.m.-11:00 a.m. - Morning Educational Session (Two general contact hours unless otherwise noted)

- **Applying Movement to the Pediatric Patient** presented by Ellen Brennan, PT, DPT, PCS, Kelly Shane, PT, DPT and Patricia McGee, PT, DPT, PCS

- **Cancer and Introduction to the Medical Management** presented by Brandis Johnson, PT, DPT, CLT-LANA
- **Psychologically-Informed PT: Mastering the Foundational Skill-Sets** presented by Sarah Wegner, PT, DPT, OCS, Rebecca VLam, MSS, LCSW and Sara Tomaszewski, PT, DPT, OCS  
If you are unable to attend the full conference, this course is also available to attend virtually. Donate to the PA-PT PAC for virtual course access – [Register Today!](#)
- **Taking a Look at Anatomy and Patient Assessment from a Different Perspective: 3-D Palpation** presented by Jennifer (JJ) Thomas, PT, MPT, CMTPT  
**PLEASE NOTE:** The Anatomy and 3D Palpation session is morning lecture, followed by an afternoon lab session. **THE LAB SECTION WILL BE CAPPED AT 30 PARTICIPANTS.** In order to participate in the lab session, you must also register for the morning session.
- **Best Practices in Providing Gender Affirming Environments for Transgender and Gender Non-binary Individuals** presented by Lin-Fan Wang, MP, MPH, Libby Parker, MSS, LSW and Darius McLean

11:15 a.m.-12:15 p.m. - Breakout Educational Session (One general contact hour unless otherwise noted)

- **Pediatric Evaluation Codes Lessons Learned: 2-Year Reflection and Where We Go Next** presented by Megan Schaefer, PT, DPT, PCS and Sue Winning, PT  
**PLEASE NOTE:** The **Pediatric Evaluation Codes** session will run from **11:15a.m.-12:45p.m.** and will earn an additional 30 minutes of CEU credit.
- **Wheelchair Seating and Positioning Prescription** presented by Lisa Dunleavy, PT, DPT, NCS, ATP, and Christopher Carroll, PT, DPT, NCS, CSCS
- **Practical Conversations Around Psychologically-Informed PT: What do I Actually Say?** presented by Sarah Wegner, PT, DPT, OCS, Rebecca VLam, MSS, LCSW, and Sara Tomaszewski, PT, DPT, OCS
- **Development and Implementation of a Facility Dog Program in an Inpatient Therapy Setting** presented by Amanda Morina, PT, DPT, NCS, ATP
- **Overview of Gender Affirming Treatments and Procedures for Transgender and Gender Non-binary Individuals** presented by Lin-Fan Wang, MP, MPH, Libby Parker, MSS, LSW and Darius McLean

12:15 p.m.-1:30 p.m. - Lunch Break Featuring Exhibit Hall with Vendors and Poster Presentation Session (Lunch Will Be Provided)

- **Students! Bring your resumes for review and/or questions for experts in the field. Info Q & A during lunch!**

1:30 p.m.-3:30 p.m. - Afternoon Educational Session (Two general contact hours unless otherwise noted)

- **Measuring Pediatric Disorders Through the Lifespan: A Clinician's Perspective** presented by Renee Donohoe, PT, DPT, PCS, Karen Turner-Bare, PT, MPT, SBI CI and Sheri Dawson, PT, MPT
- **Cancer PT: Evaluation and Treatment** presented by Pia Leone, PT, DPT, WCS, CLT
- **The Role of Physical Therapy in Opioid Tapering** presented by Sarah Wegner, PT, DPT, OCS, Rebecca Vlam, MSS, LCSW, Sara Tomaszewski, PT, DPT, OCS, and Travis Cos, PhD
- **Taking a Look at Anatomy and Patient Assessment from a Different Perspective: 3-D Palpation** presented by Jennifer (JJ) Thomas, PT, MPT, CMTPT  
**PLEASE NOTE:** The Anatomy and 3D Palpation session is morning lecture, followed by an afternoon lab session. **THE LAB SECTION WILL BE CAPPED AT 30 PARTICIPANTS.** In order to participate in the lab session, you must also register for the morning session.
- **Intersections of Transgender Identities and Physical Therapy** presented by Chris Condran, PT, DPT, DAC, MBA-HCM, MS, ACSM-EP, NSPA-CCS

## Course Descriptions

### Track for Transgender and Gender Non-binary Individuals:

AM session: 9:00 a.m.-11:00 a.m.

**Title:** Best Practices in Providing Gender Affirming Environments for Transgender and Gender Non-binary Individuals:

**-This session will cover appropriate terminology and language, and how to develop a client environment and creation of non-discriminatory policies. How to intake forms, and EMR.**

2<sup>nd</sup> session: 11:15 p.m.-12:15 p.m.

**Title:** Overview of gender affirming treatments and procedures for transgender and gender non-binary individuals:

**-This session will cover the diversity of ways a patient may socially and medically transition. This will also include Hormone therapy, Surgery, and WPATH guidelines.**

3<sup>rd</sup> session: 1:30 p.m.-3:30 p.m.

**Title:** Intersections of transgender identities and Physical Therapy

**-This session will discuss how to put all this information into practice in Physical Therapy. What are considerations for evaluation and treatment programs and cultural competency with the Transgender and Gender Non-binary individuals.**

**Pediatric Track:**

AM Session: 9:00 a.m.-11:00 a.m.

**Title:** Applying Movement to the Pediatric Patient:

-As physical therapists move forward with defining ourselves as movement specialists who use the movement system to help us provide movement-related diagnoses to our patients, it is imperative that these diagnoses not only be used in adulthood, but across the lifespan. By employing the movement system in the pediatric population, we will be grouping these patients into categories based on movement dysfunction and not a medical diagnosis. The movement system will help guide the physical therapist create a plan of care to improve movement-based functions. Attendees will take a journey with presenters through the evaluation and diagnostic process of 4 different pediatric patients. The speakers will discuss how a movement system diagnosis differs from a medical diagnosis and will assist in addressing activity limitations and participation restrictions to improve functional mobility and independence.

2<sup>nd</sup> session: 11:15 p.m.-12:45 p.m.

**Title:** Pediatric Evaluation Codes Lessons Learned: 2-Year Reflection and Where We Go Next

-The Centers for Medicare and Medicaid Services rolled out new physical therapy evaluation codes, which have been a challenge for pediatric physical therapy clinicians. In this session, the speakers will review experiences of pediatric providers over the first 2 years of this new coding system, analyzing frequency of use of low-, moderate-, high-complexity codes and examining how staff education on codes, documentation systems, and clinicians' perceived drivers may affect code use. The speakers will explore the relationship between chosen evaluation code and number of physical therapy visits. Attendees will be encouraged to engage in discussions regarding potential future implications of complexity codes in pediatrics, system barriers, and professional resources to aid physical therapists in consistent use of appropriate complexity coding across our profession.

PM session: 1:30 p.m.-3:30 p.m.

**Title:** Measuring Pediatric Disorders Through the Lifespan: A Clinician's Perspective:

-This session will focus on identifying some of the common health conditions treated by physical therapists that begin at an early age and are present throughout the person's lifespan. The speakers will discuss changes and challenges that occur with aging in individuals with pediatric-onset diagnoses. They will identify functional measures that can be administered at various points during the lifespan and used individuals across the lifespan that will tease out pertinent information for responsiveness to therapeutic intervention and open the opportunity for future research on the following patient populations: arthrogyrosis, osteogenesis imperfecta, myelomeningocele, muscular dystrophy, spinal muscular atrophy, and common skeletal dysplasia's.

11:15 p.m.-12:15 p.m. session

**Title:** Development and Implementation of a Facility Dog Program in an outpatient therapy setting:

-This session will be run by a Physical Therapist who has successfully developed a facility- based dog program. The speaker will discuss the steps, cost, and benefits of development of this type of program.