



APTA PA SED Newsletter | Jan. 2021

Learn About the Latest News, All Upcoming Events and More!

Message from the SED District Chair

Hello Southeast District!

We hope that our first district newsletter finds each of you well and on a good start to 2021. There is a lot happening at both the chapter and district level, in continuing to advocate for our profession, creating a supportive and uplifting professional community, and in confronting the myriad significant challenges that we all face.

As we all are aware, a main organizational theme for us is to recognize and celebrate the centennial year of physical therapy. There are several events to participate in this month, as there will be throughout the year.

Here are some highlights in this Newsletter:

- We cannot be more excited to have **Dr. Lisa VanHoose, PhD, MPT, PT**, kick off the first Combined District Meeting on Jan. 19, 2021 with **“Virtue, Liberty, and Independence for the Next Century of APTA Pennsylvania.”** The SED is proud to sponsor this year’s meeting and we are grateful to have Dr. VanHoose help begin this tradition as we reflect during our profession’s centennial year.
- Continuing the Centennial celebration, please look for the Chapters Centennial Speaker series throughout the year, with the first talk from Lynn McKinnis, PT, DPT, OCS “Where do PTs Fit in the World of Imaging?”
- An update from Chanele Criswell and the Minority Affairs Committee.
- Our leadership ranks continue to grow! The SED is fortunate to have **Carolyn Murphy** as our new district Advocacy Chair. Carolyn will be a fierce advocate for the District and is anxious to expand our rapid, grassroots efforts into PA’s new two-year legislative cycle.
- We are seeing a number of other transitions in our leadership as well (tough to keep up, I know!).

- We would like to thank **Laurita Hack**, Nominating Chair and **Kelly Quaille**, District Secretary for their service to the District and to **Colleen Bradley** as Member At Large. All of their contributions to our membership live on in their faithful stewardship of their respective roles. **Colleen** will continue to chair our district's Programming Committee.
- **Mike O'Hara** will be stepping up to chair our Nominating Committee and into the Member at Large roll.
- We also welcome our newly elected leaders: District Secretary, **Jennifer Novik**, and Nominating Committee Member, **Kennedy Chukwuocha**.

We again thank you for your membership. Please feel free to reach out anytime.

Be Well,

Alex

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Upcoming Educational Events



**Inaugural Combined District Meeting & Continuing Education Course:
Virtue, Liberty, and Independence for the Next Century of APTA
Pennsylvania**

Jan. 19 - 6:30 p.m.- 8:00 p.m.

Course Title: Virtue, Liberty, and Independence for the Next Century of APTA Pennsylvania

Speakers: Dr. Lisa VanHoose, PhD, MPT, PT | Owner of the Ujima Institute

Course Description: As the physical therapy profession prepares for the next century of professional service, each clinician and professional organization needs to reflect on current and future performance. As the profession has transitioned to a doctoring profession, we must assess our response to our social and professional responsibilities. This course will discuss the health factors and outcomes observed within Pennsylvania and the drivers of those factors and outcomes. We will discuss the role of the physical therapist and physical therapist assistant in addressing community needs. We will discuss how to address rehabilitative needs along with social determinants of health in a manner that is professionally sustainable to improve the health and wellness of Pennsylvania residents.

Contact Hour Approval: 1 General Contact Hour

[Register today!](#)

SAVE THE DATE:

- **March SED Meeting | Mar. 10, 2021 - Time TBD**
- **SED Virtual Mini CSM | May 1, 2021 - Time TBD**
- **May SED Meeting | May 11, 2021**
(Please note: This is a change from the usual Wednesday Meeting Schedule)

APTA PA Centennial Webinar Speaker Series

APTA Pennsylvania is proud to announce the 2021 Centennial Speaker Webinar Series that will bring you five engaging educational topics from nationally renowned speakers. The first webinar, held Jan. 13 was a huge success! There is no cost for registrants to attend the series, however APTA Pennsylvania is asking registrants to consider a \$5 minimum donation to one of the three following campaigns:

- Foundation for Physical Therapy Research
- APTA's Campaign for Future Generations (DEI Fund)
- PPTA Advocacy Fund

[Learn more about the remaining webinars and register today!](#)

Minority Affairs Liaison Report

Before the holiday, the American Physical Therapy Association, Pennsylvania Minority Affairs Committee proudly hosted a fun and exciting Game Night! It was an intense competition between Team Red - Red Nose Reindeers and Team Blue - The Winning 5 but in the end Red Nose Reindeers took the gold! Winners received \$5 virtual Dunkin Gift Cards and

bragging rights until the next event. We had a great time getting to know PA's members and want you to learn more about us!

The MAC also hosted an open house for members to learn more about some of the upcoming opportunities such as the "ADaPT Grant," for schools working on improving the diversity of their Physical Therapy/Physical Therapy Assistant programs.

Save the Date:

Dedicated to increasing the diversity of the students in your program? The American Physical Therapy Association of Pennsylvania is here to help. Come learn about our "ADaPT Grant," inspired by the ADaPT program created by Dr. Gregory Hicks at the University of Delaware. This grant will provide a one-time monetary award of up to \$10,000 to PT or PTA education programs to support the development of sustainable programs that aim to increase recruitment and enrollment of students from under-represented racial and ethnic minority groups. Grant recipients will be required to provide regular progress, accounting reports and outcomes assessment data.

There will be **TWO** information sessions to learn more about the application process:

- Thursday, Jan. 14 | 8:00 p.m. - 8:30 p.m.
- Thursday, Jan. 28 | 8:30 p.m. - 9:00 p.m.
 - **For the link to join please email optamac@gmail.com | SUBJECT: GRANT INFO SESSION.**
- Thursday Jan. 28: MAC General meeting

PA PT PAC

Please consider a donation to the PA PT Political Action Committee to support the legislative agenda of the APTA Pennsylvania Chapter. The PAC allows individuals with shared legislative interests to pool their resources for a strong, unified voice in the legislature. Contributions to the PA PT PAC are used to support state candidates in Pennsylvania who advocate for physical therapists and our patients. [Review the Key Issues page](#) for additional legislative information.

Donate any amount today by:

- [Completing the online donation form](#)
- Text **PAPTPAC** to **41444** and follow the instructions

About Us

The e-newsletter and electronic meeting reminders are published by the Southeast District (SED), which is a component of the APTA Pennsylvania Chapter. The SED works cooperatively with APTA and APTA Pennsylvania in fostering the development and improvement of physical therapy services and education and to promote legislation to protect and promote the interests of the public and the rights of Association members. The SED seeks to encourage research, foster contributions to the professional literature and promote the development of new knowledge and use of evidenced-based practice and to provide for the dissemination and exchange of information related to physical therapy.

Please contact us with any feedback regarding the e-newsletter. Opportunities for advertisement in the e-newsletter are also available. Contact SED Chair [Alex Haddad](#) for more information.

[Learn more about the SED Leadership team.](#)